

## Basic Report 25004, Formulated bar, MARS SNACKFOOD US, SNICKERS MARATHON Chewy Chocolate Peanut Bar

Report Date: June 15, 2019 21:11 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 bar 55g
<b>Proximates</b>			
Water	g	12.90	7.09
Energy	kcal	396	218
Protein	g	24.29	13.36
Total lipid (fat)	g	13.12	7.22
Carbohydrate, by difference	g	47.24	25.98
Fiber, total dietary	g	2.5	1.4
Sugars, total	g	32.86	18.07
<b>Minerals</b>			
Calcium, Ca	mg	965	531
Magnesium, Mg	mg	255	140
Phosphorus, P	mg	455	250
Sodium, Na	mg	462	254
Zinc, Zn	mg	9.55	5.25
<b>Vitamins</b>			
Vitamin C, total ascorbic acid	mg	144.4	79.4
Thiamin	mg	2.727	1.500
Riboflavin	mg	3.091	1.700
Niacin	mg	36.364	20.000
Vitamin B-6	mg	3.636	2.000
Folate, DFE	µg	1236	680
Vitamin B-12	µg	10.91	6.00
Vitamin A, IU	IU	3637	2000
Vitamin E (alpha-tocopherol)	mg	24.55	13.50
<b>Lipids</b>			
Fatty acids, total saturated	g	4.728	2.600
Fatty acids, total trans	g	0.204	0.112

<b>Nutrient</b>	<b>Unit</b>	<b>1 Value Per100 g</b>	<b>1 bar 55g</b>
Cholesterol	mg	4	2

**Amino Acids**

**Other**