

Basic Report 14630, Beverages, Energy drink, ROCKSTAR, sugar free

Report Date: September 17, 2019 06:36 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	8.0 fl oz 240g
Proximates			
Water	g	98.35	236.04
Energy	kcal	4	10
Protein	g	0.25	0.60
Total lipid (fat)	g	0.08	0.19
Carbohydrate, by difference	g	0.70	1.68
Fiber, total dietary	g	0.0	0.0
Sugars, total	g	0.00	0.00
Minerals			
Calcium, Ca	mg	13	31
Iron, Fe	mg	0.02	0.05
Magnesium, Mg	mg	3	7
Phosphorus, P	mg	0	0
Potassium, K	mg	3	7
Sodium, Na	mg	52	125
Zinc, Zn	mg	0.00	0.00
Vitamins			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Thiamin	mg	0.025	0.060
Riboflavin	mg	1.417	3.401
Niacin	mg	8.333	19.999
Vitamin B-6	mg	0.833	1.999
Folate, DFE	µg	0	0
Vitamin B-12	µg	2.50	6.00
Vitamin A, RAE	µg	0	0
Vitamin A, IU	IU	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	0.00

Nutrient	Unit	1 Value Per100 g	8.0 fl oz 240g
Vitamin D (D2 + D3)	µg	0.0	0.0
Vitamin D	IU	0	0
Vitamin K (phylloquinone)	µg	0.0	0.0
Lipids			
Fatty acids, total saturated	g	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000
Fatty acids, total trans	g	0.000	0.000
Cholesterol	mg	0	0
Amino Acids			
Other			
Caffeine	mg	33	79