

Statistics Report 11947, Pickles, cucumber, dill, reduced sodium

Report Date: July 22, 2019 18:42 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	94.34	18	0.090	93.19	95.35	13.0	94.13	94.53	1	Analytical or derived from analytical	--	08/2014
Energy	kcal	12	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2014
Energy	kJ	52	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2014
Protein 1	g	0.50	18	0.010	0.37	0.75	11.0	0.46	0.54	1	Analytical or derived from analytical	--	08/2014
Total lipid (fat) 1	g	0.30	18	0.010	0.2	0.4	12.0	0.27	0.33	1	Analytical or derived from analytical	--	08/2014
Ash 1	g	2.45	18	0.050	1.35	3.4	11.0	2.32	2.57	1	Analytical or derived from analytical	--	08/2014
Carbohydrate, by difference	g	2.41	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2014
Fiber, total dietary 1	g	1.0	9	0.038	0.8	1.3	5.0	0.9	1.1	1	Analytical or derived from analytical	--	08/2014
Sugars, total	g	1.07	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014

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Sucrose 1	g	0.00	5	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2014
Glucose (dextrose) 1	g	0.52	5	0.020	0.46	0.59	2.0	0.4	0.62	1	Analytical or derived from analytical	--	08/2014
Fructose 1	g	0.55	5	0.006	0.52	0.59	1.0	0.48	0.61	1	Analytical or derived from analytical	--	08/2014
Lactose 1	g	0.00	5	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2014
Maltose 1	g	0.00	5	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2014
Galactose	g	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Minerals													
Calcium, Ca 1	mg	57	18	1.000	50	76	10.0	54.0	60.0	1	Analytical or derived from analytical	--	08/2014
Iron, Fe 1	mg	0.26	18	0.010	0.17	0.38	9.0	0.22	0.28	1	Analytical or derived from analytical	--	08/2014
Magnesium, Mg 1	mg	7	18	0.000	5	11	8.0	6.0	7.0	1	Analytical or derived from analytical	--	08/2014
Phosphorus, P 1	mg	16	18	0.000	12	19	12.0	15.0	16.0	1	Analytical or derived from analytical	--	08/2014

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Potassium, K 1	mg	117	18	3.000	93	145	9.0	108.0	124.0	1	Analytical or derived from analytical	--	08/2014
Sodium, Na	mg	18	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
Zinc, Zn 1	mg	0.10	18	0.004	0.08	0.15	11.0	0.09	0.11	1	Analytical or derived from analytical	--	08/2014
Copper, Cu 1	mg	0.028	18	0.001	0.03	0.03	10.0	0.026	0.029	1	Analytical or derived from analytical	--	08/2014
Manganese, Mn 1	mg	0.062	18	0.003	0.04	0.09	9.0	0.056	0.067	1	Analytical or derived from analytical	--	08/2014
Selenium, Se	µg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2014
Fluoride, F 2 3 4	µg	30.1	18	5.900	3.5	48.6	7.0	15.9	44.2	3	Analytical or derived from analytical	--	04/2014
Vitamins													
Vitamin C, total ascorbic acid 1	mg	2.3	3	--	1	3.5	--	--	--	1	Analytical or derived from analytical	--	08/2014
Thiamin 1 5	mg	0.045	10	0.002	0.03	0.05	4.0	0.04	0.05	2	Analytical or derived from analytical	--	08/2014
Riboflavin 1	mg	0.057	9	0.001	0.05	0.06	3.0	0.054	0.059	1	Analytical or derived from analytical	--	08/2014

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Niacin 1	mg	0.109	9	0.007	0.08	0.13	3.0	0.088	0.13	1	Analytical or derived from analytical	--	08/2014
Pantothenic acid 1	mg	0.201	6	0.012	0.17	0.26	2.0	0.132	0.269	1	Analytical or derived from analytical	--	08/2014
Vitamin B-6 1	mg	0.035	9	0.002	0.03	0.04	4.0	0.03	0.039	1	Analytical or derived from analytical	--	08/2014
Folate, total 1	µg	8	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014
Folic acid	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	8	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014
Folate, DFE	µg	8	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2014
Choline, total 5	mg	3.4	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014
Betaine 5	mg	0.0	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014
Vitamin B-12	µg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	08/1984
Vitamin B-12, added	µg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Vitamin A, RAE	µg	6	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2014
Retinol	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	06/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, beta	µg	53	--	--	0	0	--	--	--	--	Calculated or imputed	11937	04/2014
Carotene, alpha	µg	13	--	--	0	0	--	--	--	--	Calculated or imputed	11937	04/2014
Cryptoxanthin, beta	µg	30	--	--	0	0	--	--	--	--	Calculated or imputed	11937	04/2014
Vitamin A, IU	IU	125	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2014
Lycopene	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	11937	12/2006
Lutein + zeaxanthin	µg	28	--	--	0	0	--	--	--	--	Calculated or imputed	11937	04/2014
Vitamin E (alpha-tocopherol)	mg	0.03	--	--	0	0	--	--	--	--	Calculated or imputed	11937	04/2014
Vitamin E, added	mg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Vitamin D (D2 + D3)	µg	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	0	0	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) 1	µg	17.3	5	0.300	12.3	20	1.0	14.6	19.9	1	Analytical or derived from analytical	--	08/2014
Lipids													
Fatty acids, total saturated	g	0.079	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2014
4:0	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
6:0	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
8:0	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
10:0	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
12:0	g	0.003	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.003	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2014
16:0	g	0.065	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
18:0	g	0.008	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
Fatty acids, total monounsaturated	g	0.005	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2014
16:1 undifferentiated	g	0.000	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/2006
18:1 undifferentiated	g	0.005	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
20:1	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
22:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Fatty acids, total polyunsaturated	g	0.122	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2014
18:2 undifferentiated	g	0.052	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
18:3 undifferentiated	g	0.070	3	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/2014
18:4	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
20:4 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA)	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
22:5 n-3 (DPA)	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
22:6 n-3 (DHA)	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Fatty acids, total trans	g	0.000	--	--	0	0	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	0	0	--	--	--	--	Assumed zero	--	08/1984
Phytosterols	mg	14	3	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Amino Acids													
Tryptophan	g	0.005	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Threonine	g	0.017	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Isoleucine	g	0.019	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Leucine	g	0.026	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Lysine	g	0.026	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Methionine	g	0.005	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cystine	g	0.004	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Phenylalanine	g	0.017	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Tyrosine	g	0.010	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Valine	g	0.020	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Arginine	g	0.040	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Histidine	g	0.009	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Alanine	g	0.021	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Aspartic acid	g	0.037	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Glutamic acid	g	0.177	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Glycine	g	0.022	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proline	g	0.014	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Serine	g	0.018	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1984
Other													
Alcohol, ethyl	g	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Caffeine	mg	0	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014
Theobromine	mg	0	--	--	0	0	--	--	--	--	Assumed zero	--	04/2014

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 17h, 2013 Beltsville MD

²Robert Ophaug Fluoride, Unpublished - Ophaug, Microdiffision

³A. Kingman Unpublished data. NIDR/NIH, 1984, 1984 Unpublished data. NIDR/NIH, 1984.

⁴RD Jackson, EJ Brizendine, SA Kelly, R Hinesley, GK Stookey, AJ Dunipace The fluoride content of foods and beverages from negligibly and optimally fluoridated communities., 2002 Community Dental Oral Epidemiology 30 5 pp.382-391

⁵Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program, Wave 9k, 2005 Beltsville MD