

Statistics Report 07041, Liver sausage, liverwurst, pork
Report Date: July 22, 2019 19:19 EDT

Nutrient values and weights are for edible portion.

| Nutrient | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source | NDB Ref | Last Modified |
|-----------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---|---------|------------------|
| Proximates | | | | | | | | | | | | | |
| Water | g | 52.10 | 7 | 0.640 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Energy | kcal | 326 | -- | -- | 0 | 0 | -- | -- | -- | -- | Calculated or imputed | -- | 09/1980 |
| Energy | kJ | 1364 | -- | -- | 0 | 0 | -- | -- | -- | -- | Calculated or imputed | -- | 01/2012 |
| Protein | g | 14.10 | 8 | 0.270 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Total lipid (fat) | g | 28.50 | 7 | 0.440 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Ash | g | 3.10 | 5 | 0.380 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Carbohydrate, by difference | g | 2.20 | -- | -- | 0 | 0 | -- | -- | -- | -- | Calculated or imputed | -- | 09/1980 |
| Fiber, total dietary | g | 0.0 | -- | -- | 0 | 0 | -- | -- | -- | -- | Assumed zero | -- | 03/2002 |
| Minerals | | | | | | | | | | | | | |
| Calcium, Ca | mg | 26 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Iron, Fe | mg | 6.40 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Magnesium, Mg | mg | 12 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |

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|--------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Phosphorus, P | mg | 230 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Potassium, K | mg | 170 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Sodium, Na | mg | 860 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Zinc, Zn | mg | 2.30 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Copper, Cu | mg | 0.240 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Manganese, Mn | mg | 0.155 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Selenium, Se | µg | 58.0 | 9 | 6.600 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 12/1992 |
| Vitamins | | | | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | -- | -- | 0 | 0 | -- | -- | -- | -- | Assumed zero | -- | 09/1980 |
| Thiamin | mg | 0.272 | 5 | 0.023 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Riboflavin | mg | 1.030 | 5 | 0.139 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Niacin | mg | 4.300 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Pantothenic acid | mg | 2.950 | 2 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Vitamin B-6 | mg | 0.190 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |

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|------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Folate, total | µg | 30 | 3 | 3.000 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Folic acid | µg | 0 | -- | -- | 0 | 0 | -- | -- | -- | -- | Assumed zero | -- | 01/2001 |
| Folate, food | µg | 30 | 3 | 3.000 | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 03/2002 |
| Folate, DFE | µg | 30 | -- | -- | 0 | 0 | -- | -- | -- | -- | Calculated or imputed | -- | 05/2002 |
| Vitamin B-12 | µg | 13.46 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Vitamin A, RAE | µg | 8308 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 03/2002 |
| Retinol | µg | 8308 | -- | -- | 0 | 0 | -- | -- | -- | -- | Calculated or imputed | -- | 05/2002 |
| Vitamin A, IU | IU | 27667 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Lipids | | | | | | | | | | | | | |
| Fatty acids, total saturated | g | 10.600 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 4:0 | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 6:0 | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 8:0 | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 10:0 | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 12:0 | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |

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| 14:0 | g | 0.430 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 16:0 | g | 6.850 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 18:0 | g | 3.310 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Fatty acids, total monounsaturated | g | 13.340 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 16:1 undifferentiated | g | 1.060 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 18:1 undifferentiated | g | 12.050 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 20:1 | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 22:1 undifferentiated | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Fatty acids, total polyunsaturated | g | 2.600 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 18:2 undifferentiated | g | 2.450 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 18:3 undifferentiated | g | 0.140 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 18:4 | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 20:4 undifferentiated | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |

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|--------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| 20:5 n-3 (EPA) | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 22:5 n-3 (DPA) | g | 0.000 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| 22:6 n-3 (DHA) | g | 0.000 | 1 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Cholesterol | mg | 158 | 2 | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Amino Acids | | | | | | | | | | | | | |
| Tryptophan | g | 0.151 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Threonine | g | 0.671 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Isoleucine | g | 0.653 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Leucine | g | 1.139 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Lysine | g | 1.155 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Methionine | g | 0.285 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Cystine | g | 0.149 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Phenylalanine | g | 0.617 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Tyrosine | g | 0.362 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |

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| Valine | g | 0.857 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Arginine | g | 0.812 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Histidine | g | 0.448 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Alanine | g | 0.830 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Aspartic acid | g | 1.164 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Glutamic acid | g | 2.195 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Glycine | g | 1.096 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Proline | g | 0.850 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |
| Serine | g | 0.694 | -- | -- | 0 | 0 | -- | -- | -- | -- | Analytical or derived from analytical | -- | 09/1980 |