

Basic Report 06725, Soup, chicken corn chowder, chunky, ready-to-serve, single brand

Report Date: June 18, 2019 13:42 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 serving 240g	1 package yields 539g
Proximates				
Water	g	82.10	197.04	442.52
Energy	kcal	99	238	534
Protein	g	3.10	7.44	16.71
Total lipid (fat)	g	6.30	15.12	33.96
Carbohydrate, by difference	g	7.50	18.00	40.42
Fiber, total dietary	g	0.9	2.2	4.9
Minerals				
Sodium, Na	mg	299	718	1612
Vitamins				
Vitamin A, RAE	µg	58	139	313
Vitamin A, IU	IU	1150	2760	6198
Lipids				
Fatty acids, total saturated	g	1.750	4.200	9.432
Fatty acids, total monounsaturated	g	1.270	3.048	6.845
Fatty acids, total polyunsaturated	g	1.900	4.560	10.241
Cholesterol	mg	11	26	59
Amino Acids				
Other				