

Statistics Report 06700, Soup, vegetable broth, ready to serve
Report Date: September 21, 2019 18:10 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	98.05	10	0.120	97.1	98.5	9.0	97.77	98.32	1	Analytical or derived from analytical	--	04/2015
Energy	kcal	5	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Energy	kJ	22	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Protein 1	g	0.24	10	0.010	0.13	0.31	9.0	0.19	0.27	1	Analytical or derived from analytical	--	04/2015
Total lipid (fat) 1	g	0.07	10	0.000	0.07	0.07	--	--	--	1	Analytical or derived from analytical	--	04/2015
Ash 1	g	0.71	10	0.040	0.41	0.92	9.0	0.61	0.8	1	Analytical or derived from analytical	--	04/2015
Carbohydrate, by difference	g	0.93	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Fiber, total dietary 1	g	0.0	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
Sugars, total 1	g	0.55	6	0.130	0.1	0.9	5.0	0.2	0.89	1	Analytical or derived from analytical	--	04/2015

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Sucrose 1	g	0.38	6	0.130	0	0.9	5.0	0.04	0.71	1	Analytical or derived from analytical	--	04/2015
Glucose (dextrose) 1	g	0.13	6	0.050	0	0.3	5.0	-0.01	0.27	1	Analytical or derived from analytical	--	04/2015
Fructose 1	g	0.03	6	0.020	0	0.1	5.0	-0.02	0.08	1	Analytical or derived from analytical	--	04/2015
Lactose 1	g	0.00	6	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Maltose 1	g	0.00	6	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Galactose 1	g	0.00	6	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Starch 1	g	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Minerals													
Calcium, Ca 1	mg	3	10	0.000	1	6	9.0	2.0	4.0	1	Analytical or derived from analytical	--	04/2015
Iron, Fe 1	mg	0.06	10	0.010	0	0.16	9.0	0.02	0.09	1	Analytical or derived from analytical	--	04/2015
Magnesium, Mg 1	mg	1	10	0.000	1	3	9.0	--	1.0	1	Analytical or derived from analytical	--	04/2015

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Phosphorus, P 1	mg	3	10	0.000	1	4	9.0	2.0	3.0	1	Analytical or derived from analytical	--	04/2015
Potassium, K 1	mg	19	10	0.000	14	23	9.0	17.0	21.0	1	Analytical or derived from analytical	--	04/2015
Sodium, Na 1	mg	296	10	12.000	231	354	9.0	267.0	324.0	1	Analytical or derived from analytical	--	04/2015
Zinc, Zn 1	mg	0.03	10	0.003	0.01	0.04	9.0	0.02	0.03	1	Analytical or derived from analytical	--	04/2015
Copper, Cu 1	mg	0.009	10	0.000	0.01	0.01	--	--	--	1	Analytical or derived from analytical	--	04/2015
Manganese, Mn 1	mg	0.006	10	0.001	0.01	0.01	9.0	0.005	0.008	1	Analytical or derived from analytical	--	04/2015
Selenium, Se	µg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamins													
Vitamin C, total ascorbic acid 1	mg	0.4	2	--	0.4	0.4	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
Thiamin 1	mg	0.023	6	0.003	0.02	0.04	5.0	0.015	0.032	1	Analytical or derived from analytical	--	04/2015
Riboflavin 1	mg	0.022	6	0.004	0.01	0.04	5.0	0.01	0.033	1	Analytical or derived from analytical	--	04/2015

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Niacin 1	mg	0.110	6	0.010	0.07	0.13	5.0	0.084	0.136	1	Analytical or derived from analytical	--	04/2015
Pantothenic acid 1	mg	0.060	4	0.017	0.03	0.09	3.0	0.004	0.115	1	Analytical or derived from analytical	--	04/2015
Vitamin B-6 1	mg	0.007	3	0.000	0.01	0.01	--	--	--	1	Analytical or derived from analytical	--	04/2015
Folate, total 1	µg	0	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Folic acid	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Folate, food	µg	0	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Folate, DFE	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Choline, total	mg	0.3	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamin B-12	µg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamin B-12, added	µg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamin A, RAE	µg	12	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Retinol	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Carotene, beta 1	µg	111	3	27.000	60	152	2.0	-5.0	226.0	1	Analytical or derived from analytical	--	04/2015

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Carotene, alpha 1	µg	64	3	11.000	44	84	2.0	14.0	114.0	1	Analytical or derived from analytical	--	04/2015
Cryptoxanthin, beta 1	µg	0	3	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Vitamin A, IU	IU	238	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Lycopene 1	µg	7	3	7.000	0	21	2.0	-23.0	37.0	1	Analytical or derived from analytical	--	04/2015
Lutein + zeaxanthin 1	µg	1	3	0.000	0	3	2.0	-2.0	5.0	1	Analytical or derived from analytical	--	04/2015
Vitamin E (alpha-tocopherol) 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Vitamin E, added	mg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Tocopherol, beta 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Tocopherol, gamma 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Tocopherol, delta 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Tocotrienol, alpha 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015

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Tocotrienol, beta 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Tocotrienol, gamma 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Tocotrienol, delta 1	mg	0.00	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamin D	IU	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Vitamin K (phylloquinone)	µg	0.7	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Lipids													
Fatty acids, total saturated	g	0.028	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
4:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
6:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
8:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
10:0 1	g	0.003	2	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
12:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015

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14:0 1	g	0.002	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
15:0 1	g	0.001	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
16:0 1	g	0.012	2	--	0.01	0.01	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
17:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:0 1	g	0.010	2	--	0.01	0.01	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
20:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
22:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
24:0 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Fatty acids, total monounsaturated	g	0.005	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
14:1 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015

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15:1 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
16:1 undifferentiated 1	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
16:1 c 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
16:1 t 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
17:1 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:1 undifferentiated 1	g	0.005	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
18:1 c 1	g	0.005	2	--	0.01	0.01	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
18:1 t 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
20:1 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
22:1 undifferentiated 1	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015

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22:1 c 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
22:1 t 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
24:1 c 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Fatty acids, total polyunsaturated	g	0.004	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
18:2 undifferentiated 1	g	0.004	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
18:2 n-6 c,c 1	g	0.004	2	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	04/2015
18:2 CLAs 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:2 t not further defined 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:3 undifferentiated 1	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
18:3 n-3 c,c,c (ALA) 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015

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18:3 n-6 c,c,c 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:3i 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
18:4 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
20:2 n-6 c,c 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
20:3 undifferentiated 1	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	04/2015
20:3 n-6 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
20:4 undifferentiated 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
20:5 n-3 (EPA) 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
22:4 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
22:5 n-3 (DPA) 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015

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22:6 n-3 (DHA) 1	g	0.000	2	--	0	0	--	--	--	1	Analytical or derived from analytical	--	04/2015
Fatty acids, total trans	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Fatty acids, total trans-monoenoic	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Cholesterol	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Other													
Alcohol, ethyl	g	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Caffeine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015
Theobromine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2015

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 19a, 2014 Beltsville MD