

Statistics Report 04589, Fish oil, cod liver
Report Date: September 20, 2019 01:44 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	0.00	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Energy	kcal	902	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Energy	kJ	3774	--	--	0	0	--	--	--	--	Calculated or imputed	--	03/2006
Protein	g	0.00	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Total lipid (fat)	g	100.00	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Ash	g	0.00	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Carbohydrate, by difference	g	0.00	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Fiber, total dietary	g	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Minerals													
Calcium, Ca	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Iron, Fe	mg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Magnesium, Mg	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Phosphorus, P	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979

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Potassium, K	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Sodium, Na	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Zinc, Zn	mg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Copper, Cu	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Manganese, Mn	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Selenium, Se	µg	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Riboflavin	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Niacin	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Pantothenic acid	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Vitamin B-6	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Folate, total	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Folic acid	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Folate, DFE	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin B-12	µg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/1979
Vitamin A, RAE	µg	30000	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/2002
Retinol	µg	30000	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	100000	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Vitamin D (D2 + D3)	µg	250.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	10000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2001
Lipids													
Fatty acids, total saturated	g	22.608	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
14:0	g	3.568	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
16:0	g	10.630	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
18:0	g	2.799	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Fatty acids, total monounsaturated	g	46.711	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
16:1 undifferentiated	g	8.309	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
18:1 undifferentiated	g	20.653	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
20:1	g	10.422	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
22:1 undifferentiated	g	7.328	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Fatty acids, total polyunsaturated	g	22.541	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979

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18:2 undifferentiated	g	0.935	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
18:3 undifferentiated	g	0.935	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
18:4	g	0.935	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
20:4 undifferentiated	g	0.935	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
20:5 n-3 (EPA)	g	6.898	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
22:5 n-3 (DPA)	g	0.935	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
22:6 n-3 (DHA)	g	10.968	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979
Cholesterol	mg	570	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/1979