

Statistics Report 03132, Babyfood, fruit, pears, strained

Report Date: July 24, 2019 00:36 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	88.40	17	0.300	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	42	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2007
Energy	kJ	174	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2007
Protein	g	0.30	23	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	0.20	23	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	0.30	19	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	10.80	--	--	0	0	--	--	--	--	Calculated or imputed	--	12/1978
Fiber, total dietary	g	2.8	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Sugars, total	g	6.98	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003

Minerals

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	8	20	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Iron, Fe	mg	0.24	29	0.020	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	8	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	12	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Potassium, K	mg	130	14	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	1	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	07/2010
Zinc, Zn	mg	0.08	17	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.065	16	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Selenium, Se	µg	0.4	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1997
Fluoride, F ↓	µg	1.0	2	--	1	1.4	1.0	--	--	1	Analytical or derived from analytical	--	06/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamins													
Vitamin C, total ascorbic acid	mg	24.5	14	1.300	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.013	21	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.028	21	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Niacin	mg	0.189	22	0.008	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Pantothenic acid	mg	0.090	4	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-6	mg	0.008	12	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	µg	4	9	1.000	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folic acid	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	4	9	1.000	0	0	--	--	--	--	Analytical or derived from analytical	--	03/2005
Folate, DFE	µg	4	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2007
Choline, total	mg	3.6	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2007
Vitamin B-12	µg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12, added	µg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	--
Vitamin A, RAE	µg	1	--	--	0	0	--	--	--	--	Calculated or imputed	--	03/2005
Retinol	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	9	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Carotene, alpha	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Cryptoxanthin, beta	µg	1	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Vitamin A, IU	IU	17	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/2015
Lycopene	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Lutein + zeaxanthin	µg	36	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Vitamin E (alpha-tocopherol)	mg	0.09	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Vitamin E, added	mg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	--
Vitamin D (D2 + D3)	µg	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	--
Vitamin D	IU	0	--	--	0	0	--	--	--	--	Assumed zero	--	--
Vitamin K (phylloquinone)	µg	3.2	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Lipids													
Fatty acids, total saturated	g	0.012	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
4:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.008	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.002	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated	g	0.042	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
16:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:1 undifferentiated	g	0.040	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:1	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	0.046	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:2 undifferentiated	g	0.046	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	0	--	--	0	0	--	--	--	--	Assumed zero	--	04/1985
Other													
Alcohol, ethyl	g	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	04/1985

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Caffeine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003
Theobromine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	09252	03/2003

Flavonoids

Proanthocyanidin

Proanthocyanidin dimers 2	mg	2.6	--	0.45	2.1	3.2	--	--	--	--	--	--	--
Proanthocyanidin trimers 2	mg	1.8	--	0.24	1.5	2.1	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers 2	mg	5.7	--	0.57	5	6.4	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers 2	mg	3.6	--	0.04	3.6	3.7	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) 2	mg	0.0	--	0	0	0	--	--	--	--	--	--	--

Sources of Data

¹Steven Levy **Fluoride data on infant foods and beverages**, 2003 unpublished Fluoride data from Dr. Steven Levy, University of Iowa

²Gu, L., Kelm, M.A., Hammerstone, J.F., Beecher, G., Holden, J., Haytowitz, D., Gebhardt, S., and Prior, R.L. **Concentrations of proanthocyanidins in common foods and estimations of normal consumption**, 2004 J. Nutr. 134 pp.613-617