

Basic Report 03026, Babyfood, tropical fruit medley

Report Date: September 15, 2019 20:18 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 serving 88g
Proximates			
Water	g	87.14	76.68
Energy	kcal	46	40
Protein	g	0.31	0.27
Total lipid (fat)	g	0.14	0.12
Carbohydrate, by difference	g	12.22	10.75
Fiber, total dietary	g	1.3	1.1
Sugars, total	g	9.78	8.61
Minerals			
Calcium, Ca	mg	0	0
Iron, Fe	mg	0.00	0.00
Magnesium, Mg	mg	5	4
Phosphorus, P	mg	11	10
Potassium, K	mg	141	124
Sodium, Na	mg	0	0
Zinc, Zn	mg	0.05	0.04
Vitamins			
Vitamin C, total ascorbic acid	mg	15.9	14.0
Thiamin	mg	0.019	0.017
Riboflavin	mg	0.027	0.024
Niacin	mg	0.138	0.121
Vitamin B-6	mg	0.039	0.034
Folate, DFE	µg	2	2
Vitamin B-12	µg	0.00	0.00
Vitamin A, RAE	µg	4	4
Vitamin A, IU	IU	88	77
Vitamin E (alpha-tocopherol)	mg	0.10	0.09

Nutrient	Unit	1 Value Per100 g	1 serving 88g
Vitamin D (D2 + D3)	µg	0.0	0.0
Vitamin D	IU	0	0
Vitamin K (phylloquinone)	µg	0.8	0.7
Lipids			
Fatty acids, total saturated	g	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000
Cholesterol	mg	0	0
Amino Acids			
Other			
Caffeine	mg	0	0