

Full Report (All Nutrients) 45290931, MUSCLE MOCHA PROTEIN SHAKE, UPC: 791083665223
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Report Date: February 20, 2018 08:31 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Ross Products Division

Nutrient	Unit	Data points	Std. Error	16.0 OZA 473g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	208	44
Protein	g	--	--	42.00	8.88
Total lipid (fat)	g	--	--	1.51	0.32
Carbohydrate, by difference	g	--	--	7.99	1.69
Fiber, total dietary	g	--	--	1.9	0.4
Sugars, total	g	--	--	0.99	0.21
Minerals					
Calcium, Ca	mg	--	--	998	211
Iron, Fe	mg	--	--	1.09	0.23
Potassium, K	mg	--	--	549	116
Sodium, Na	mg	--	--	350	74
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.520	0.110
Cholesterol	mg	--	--	24	5

Amino Acids
Other
Ingredients

 FILTERED WATER, MILK PROTEIN ISOLATE; LESS THAN 2% OF: INSTANT COFFEE, CALCIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVORS, INULIN, COCOA (PROCESSED WITH ALKALI), MALTODEXTRIN, CELLULOSE GEL, SUNFLOWER OIL, POTASSIUM PHOSPHATE, SODIUM PHOSPHATE, CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN. *Date Available: 05/16/2017 Date Last Updated by Company: 05/16/2017*