

Full Report (All Nutrients) 45288297, LEAN 15 GET LEAN & TONED, UPC: 791083622790
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Report Date: March 22, 2018 17:25 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Ross Products Division

Nutrient	Unit	Data points	Std. Error	1 BAR 50g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	210	420
Protein	g	--	--	15.00	30.00
Total lipid (fat)	g	--	--	7.00	14.00
Carbohydrate, by difference	g	--	--	21.00	42.00
Fiber, total dietary	g	--	--	1.0	2.0
Sugars, total	g	--	--	14.00	28.00
Minerals					
Calcium, Ca	mg	--	--	80	160
Iron, Fe	mg	--	--	1.44	2.88
Magnesium, Mg	mg	--	--	32	64
Phosphorus, P	mg	--	--	120	240
Potassium, K	mg	--	--	110	220
Sodium, Na	mg	--	--	240	480
Zinc, Zn	mg	--	--	3.00	6.00
Selenium, Se	µg	--	--	14.0	28.0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	24.0	48.0
Thiamin	mg	--	--	0.500	1.000
Riboflavin	mg	--	--	0.765	1.530
Niacin	mg	--	--	7.200	14.400
Pantothenic acid	mg	--	--	1.600	3.200
Vitamin B-6	mg	--	--	0.900	1.800

Nutrient	Unit	Data points	Std. Error	1 BAR 50g	1 Value Per100 g
Folate, total	µg	--	--	64	128
Vitamin B-12	µg	--	--	1.50	3.00
Vitamin A, IU	IU	--	--	1000	2000
Lipids					
Fatty acids, total saturated	g	--	--	4.000	8.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	5	10

Amino Acids

Other

Ingredients

SOY PROTEIN NUGGETS (SOY PROTEIN ISOLATE, RICE FLOUR, TAPIOCA STARCH, MALT EXTRACT, SALT), CHOCOLATE FLAVORED COATING (SUGAR, FRACTIONATED PALM KERNEL OIL, COCOA POWDER, WHEY POWDER, NONFAT MILK POWDER, SOY LECITHIN, NATURAL VANILLA FLAVOR), CORN SYRUP, PEANUT BUTTER FUDGE (CORN SYRUP, INVERT SUGAR, PEANUT BUTTER [PEANUTS, SUGAR, SALT], SUGAR, PALM KERNEL OIL, PEANUT FLOUR, MILK PROTEIN ISOLATE, SOY LECITHIN, SALT, VANILLA EXTRACT, XANTHAN GUM, CAROB SEED GUM, BETA-CAROTENE), PEANUTS, FRUCTOSE SYRUP, PEANUT FLOUR, SOY PROTEIN ISOLATE, HIGH OLEIC SAFFLOWER OIL, GLYCERINE; LESS THAN 2% OF THE FOLLOWING: PEANUT BUTTER, NATURAL FLAVOR, SALT, VITAMIN AND MINERAL BLEND (CALCIUM PHOSPHATE, ASCORBIC ACID [VIT. C], MAGNESIUM OXIDE, DL-ALPHA-TOCOPHERYL ACETATE [VIT. E], NIACINAMIDE [VIT. B3], ZINC OXIDE, CALCIUM PANTOTHENATE [VIT. B5], FERROUS FUMARATE [IRON], PYRIDOXINE HYDROCHLORIDE [VIT. B6], VITAMIN A PALMITATE, RIBOFLAVIN [VIT. B2], THIAMINE MONONITRATE [VIT. B1], FOLIC ACID [VIT. B9], CHROMIUM CHLORIDE, BIOTIN [VIT. B7], SODIUM SELENITE, SODIUM MOLYBDATE, CYANOCOBALAMIN [VIT. B12]). *Date Available: 09/29/2017*
Date Last Updated by Company: 09/29/2017