

Basic Report 01250, Nutritional supplement for people with diabetes, liquid

Report Date: October 21, 2017 06:10 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 can 227g
Proximates			
Water	g	79.74	181.01
Energy	kcal	88	200
Protein	g	4.40	9.99
Total lipid (fat)	g	3.08	6.99
Carbohydrate, by difference	g	11.88	26.97
Fiber, total dietary	g	2.2	5.0
Sugars, total	g	2.64	5.99
Minerals			
Calcium, Ca	mg	110	250
Iron, Fe	mg	1.98	4.49
Magnesium, Mg	mg	44	100
Phosphorus, P	mg	110	250
Potassium, K	mg	176	400
Sodium, Na	mg	92	209
Zinc, Zn	mg	1.65	3.75
Vitamins			
Vitamin C, total ascorbic acid	mg	26.4	59.9
Thiamin	mg	0.165	0.375
Riboflavin	mg	0.187	0.424
Niacin	mg	2.201	4.996
Vitamin B-6	mg	0.220	0.499
Folate, DFE	µg	75	170
Vitamin B-12	µg	0.66	1.50
Vitamin A, RAE	µg	165	375
Vitamin A, IU	IU	550	1248
Vitamin E (alpha-tocopherol)	mg	1.46	3.31

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Vitamin D (D2 + D3)	µg	1.1	2.5
Vitamin D	IU	44	100
Vitamin K (phylloquinone)	µg	8.8	20.0
Lipids			
Fatty acids, total saturated	g	0.232	0.527
Fatty acids, total monounsaturated	g	2.318	5.262
Fatty acids, total polyunsaturated	g	0.395	0.897
Cholesterol	mg	2	5
Amino Acids			
Other			
Caffeine	mg	2	5