

Full Report (All Nutrients) 45248133, ABBOTT, EAS, 100% WHEY PROTEIN BAR, OATMEAL CHOCOLATE MEAL, UPC: 791083646062
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Report Date: February 20, 2018 04:43 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Ross Products Division

Nutrient	Unit	Data points	Std. Error	1 BAR 70g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	250	357
Protein	g	--	--	20.00	28.57
Total lipid (fat)	g	--	--	8.00	11.43
Carbohydrate, by difference	g	--	--	30.00	42.86
Fiber, total dietary	g	--	--	7.0	10.0
Sugars, total	g	--	--	12.00	17.14
Minerals					
Calcium, Ca	mg	--	--	150	214
Iron, Fe	mg	--	--	0.00	0.00
Potassium, K	mg	--	--	210	300
Sodium, Na	mg	--	--	205	293
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	4.998	7.140
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	50	71

Amino Acids
Other
Ingredients

WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, SOLUBLE CORN FIBER, DATA PASTE, GLUTEN FREE ROLLED OATS, BUTTER, BROWN RICE SYRUP, TAPIOCA STARCH, SUGAR,

COCOA BUTTER, FRUCTOSE SYRUP, CHOCOLATE LIQUOR, GLYCERINE, TAPICOA SYRUP; LESS THAN 2% OF THE FOLLOWING: VANILLA, COCOA POWDER (PROCESSED WITH ALKALI), NATURAL FLAVORS, MILK PROTEIN ISOLATE, CALCIUM CARBONATE, SUNFLOWER LECITHIN, PALM KERNEL OIL, SALT, FRUCTOSE, XANTHAN GUM, SO Y LECITHIN, PASTEURIZED WHOLE EGG POWDER. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*