

Full Report (All Nutrients) 45012717, YELLOW TACO SHELLS, UPC: 035826006608
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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Food Town Stores Inc.

Nutrient	Unit	Data points	Std. Error	3.0 TACO SHELLS 32g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	160	500
Protein	g	--	--	2.00	6.25
Total lipid (fat)	g	--	--	7.00	21.88
Carbohydrate, by difference	g	--	--	21.00	65.62
Fiber, total dietary	g	--	--	2.0	6.2
Sugars, total	g	--	--	1.00	3.12
Minerals					
Calcium, Ca	mg	--	--	20	62
Iron, Fe	mg	--	--	1.13	3.52
Sodium, Na	mg	--	--	0	0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	2.000	6.250
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

 CORN MASA FLOUR (CORN MASA, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN), WATER, VEGETABLE OIL (COTTONSEED, CORN, AND/OR SUNFLOWER). *Date Available:* 03/11/2018 *Date Last Updated by Company:* 03/11/2018