USDA Branded Food Products Database
Release June, 2017

Full Report (All Nutrients) 45006826, MEXICAN FOUR CHEESE BLEND, UPC: 041497082988

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	0.25 cup 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	90	321
Protein	g	--	--	8.00	28.57
Total lipid (fat)	g	--	--	6.00	21.43
Carbohydrate, by difference	g	--	--	1.00	3.57
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	200	714
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	180	643
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	200	714
Lipids					
Fatty acids, total saturated	g	--	--	4.001	14.290
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	20	71
Amino Acids					
Other					

Ingredients
REDUCED FAT MONTEREY JACK CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, VITAMIN A PALMITATE), REDUCED FAT CHEDDAR CHEESE PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR], VITAMIN A PALMITATE), REDUCED FAT ASADERO CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), REDUCED FAT QUESADILLA CHEESES (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH, CORN STARCH, CORN STARCH AND CALCIUM SULFATE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR). *Date Available*: 09/23/2016 *Date Last Updated by Company*: 09/23/2016