

**Full Report (All Nutrients) 45190796, MINI-MUFFINS, UPC: 044261590474**
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**Report Date: December 12, 2017 07:00 EST**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer J.S. Krum Inc.

Nutrient	Unit	Data points	Std. Error	2.0 MUFFINS 48g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	200	417
Protein	g	--	--	2.00	4.17
Total lipid (fat)	g	--	--	8.00	16.67
Carbohydrate, by difference	g	--	--	31.00	64.58
Fiber, total dietary	g	--	--	2.0	4.2
Sugars, total	g	--	--	20.00	41.67
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	42
Iron, Fe	mg	--	--	0.83	1.72
Sodium, Na	mg	--	--	160	333
<b>Vitamins</b>					
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.998	2.080
Fatty acids, total trans	g	--	--	0.000	0.000

**Amino Acids**
**Other**
**Ingredients**

 SUGAR, FLOUR, SOY MILK (WATER, SOYBEANS, EVAPORATED CANE JUICE, CALCIUM CARBONATE, VANILLA, SALT, CARRAGEENAN, VIT A PALMITATE, VIT D2, RIBOFLAVIN (B2), VIT B12), SOYBEAN OIL, WATER, SALT, BAKING POWDER (ALUMINUM FREE [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE]), BAKING SODA (SODIUM BICARBONATE), BLUEBERRIES, LEMON. *Date Available: 10/19/2017 Date Last Updated by Company: 10/19/2017*