

Basic Report 14533, Alcoholic beverage, distilled, all (gin, rum, vodka, whiskey) 100 proof

Report Date: October 20, 2018 13:09 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 27.8g	1 fl oz 42g
Proximates				
Water	g	57.50	15.98	24.15
Energy	kcal	295	82	124
Protein	g	0.00	0.00	0.00
Total lipid (fat)	g	0.00	0.00	0.00
Carbohydrate, by difference	g	0.00	0.00	0.00
Fiber, total dietary	g	0.0	0.0	0.0
Minerals				
Calcium, Ca	mg	0	0	0
Iron, Fe	mg	0.04	0.01	0.02
Magnesium, Mg	mg	0	0	0
Phosphorus, P	mg	4	1	2
Potassium, K	mg	2	1	1
Sodium, Na	mg	1	0	0
Zinc, Zn	mg	0.04	0.01	0.02
Vitamins				
Vitamin C, total ascorbic acid	mg	0.0	0.0	0.0
Thiamin	mg	0.006	0.002	0.003
Riboflavin	mg	0.004	0.001	0.002
Niacin	mg	0.013	0.004	0.005
Vitamin B-6	mg	0.001	0.000	0.000
Folate, DFE	µg	0	0	0
Vitamin B-12	µg	0.00	0.00	0.00
Vitamin A, IU	IU	0	0	0
Lipids				
Fatty acids, total saturated	g	0.000	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000	0.000

Nutrient	Unit	1 Value Per100 g	1 fl oz 27.8g	1 fl oz 42g
Fatty acids, total polyunsaturated	g	0.000	0.000	0.000
Fatty acids, total trans	g	0.000	0.000	0.000
Cholesterol	mg	0	0	0

Amino Acids

Other