

**Basic Report 14007, Alcoholic beverage, beer, light, BUD LIGHT**

Report Date: September 20, 2019 05:56 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 29.5g	12.0 fl oz 354g
<b>Proximates</b>				
Water	g	95.00	28.02	336.30
Energy	kcal	29	9	103
Protein	g	0.25	0.07	0.89
Total lipid (fat)	g	0.00	0.00	0.00
Carbohydrate, by difference	g	1.30	0.38	4.60
Fiber, total dietary	g	0.0	0.0	0.0
<b>Minerals</b>				
Calcium, Ca	mg	3	1	11
Iron, Fe	mg	0.00	0.00	0.00
Magnesium, Mg	mg	7	2	25
Phosphorus, P	mg	11	3	39
Potassium, K	mg	26	8	92
Sodium, Na	mg	3	1	11
Zinc, Zn	mg	0.00	0.00	0.00
<b>Vitamins</b>				
<b>Lipids</b>				
Fatty acids, total trans	g	0.000	0.000	0.000
Cholesterol	mg	0	0	0
<b>Amino Acids</b>				
<b>Other</b>				