

Full Report (All Nutrients) 45170179, PICKLED PLANET, SPICY BEANS - RAW FERMENTED PICKLES, UPC: 886263000137
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Report Date: March 21, 2018 07:12 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Pickled Planet LLC

Nutrient	Unit	Data points	Std. Error	1 ONZ 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	5	18
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	2.00	7.14
Fiber, total dietary	g	--	--	1.0	3.6
Sugars, total	g	--	--	1.00	3.57
Minerals					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	100	357
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	16.1	57.4
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

 GREEN BEANS*, FILTERED WATER*, HIMALAYAN SALT, SPICES*. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*