

Basic Report 35085, Whale, bowhead, subcutaneous fat (blubber) (Alaska Native)

Report Date: January 31, 2015 00:29 EST

Nutrient values and weights are for edible portion

Nutrient	Unit	1 Value Per100 g
Proximates		
Water	g	2.90
Energy	kcal	870
Protein	g	0.40
Total lipid (fat)	g	96.50
Carbohydrate, by difference	g	0.00
Minerals		
Iron, Fe	mg	0.50
Phosphorus, P	mg	5
Lipids		
Cholesterol	mg	150