

Basic Report 19345, Syrups, chocolate, HERSHEY'S Genuine Chocolate Flavored Lite Syrup

Report Date: February 01, 2015 14:40 EST

Nutrient values and weights are for edible portion

Nutrient	Unit	1 Value Per100 g	2.0 tbsp 35g
Proximates			
Water	g	62.16	21.76
Energy	kcal	153	54
Protein	g	1.40	0.49
Total lipid (fat)	g	0.97	0.34
Carbohydrate, by difference	g	34.56	12.10
Fiber, total dietary	g	0.0	0.0
Sugars, total	g	28.57	10.00
Minerals			
Calcium, Ca	mg	11	4
Iron, Fe	mg	0.00	0.00
Magnesium, Mg	mg	36	13
Phosphorus, P	mg	54	19
Potassium, K	mg	187	65
Sodium, Na	mg	100	35
Zinc, Zn	mg	0.48	0.17
Vitamins			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Thiamin	mg	0.008	0.003
Riboflavin	mg	0.040	0.014
Niacin	mg	0.178	0.062
Vitamin B-6	mg	0.009	0.003
Folate, DFE	µg	2	1
Vitamin B-12	µg	0.00	0.00
Vitamin A, RAE	µg	0	0
Vitamin A, IU	IU	0	0
Vitamin E (alpha-tocopherol)	mg	0.01	0.00

Nutrient	Unit	1 Value Per100 g	2.0 tbsp 35g
Vitamin D (D2 + D3)	µg	0.0	0.0
Vitamin D	IU	0	0
Vitamin K (phylloquinone)	µg	0.2	0.1
Lipids			
Fatty acids, total saturated	g	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000
Cholesterol	mg	0	0
Other			
Caffeine	mg	6	2