

**Basic Report 01067, Cream substitute, liquid, with hydrogenated vegetable oil and soy protein**

Report Date: January 28, 2015 15:12 EST

Nutrient values and weights are for edible portion

Nutrient	Unit	1 Value Per100 g	1 container, individual 15g	1 fl oz 30g	1 cup 240g	0.5 cup 120g
<b>Proximates</b>						
Water	g	77.27	11.59	23.18	185.45	92.72
Energy	kcal	136	20	41	326	163
Protein	g	1.00	0.15	0.30	2.40	1.20
Total lipid (fat)	g	9.97	1.50	2.99	23.93	11.96
Carbohydrate, by difference	g	11.38	1.71	3.41	27.31	13.66
Fiber, total dietary	g	0.0	0.0	0.0	0.0	0.0
Sugars, total	g	11.38	1.71	3.41	27.31	13.66
<b>Minerals</b>						
Calcium, Ca	mg	9	1	3	22	11
Iron, Fe	mg	0.03	0.00	0.01	0.07	0.04
Magnesium, Mg	mg	0	0	0	0	0
Phosphorus, P	mg	64	10	19	154	77
Potassium, K	mg	191	29	57	458	229
Sodium, Na	mg	67	10	20	161	80
Zinc, Zn	mg	0.02	0.00	0.01	0.05	0.02
<b>Vitamins</b>						
Vitamin C, total ascorbic acid	mg	0.0	0.0	0.0	0.0	0.0
Thiamin	mg	0.000	0.000	0.000	0.000	0.000
Riboflavin	mg	0.000	0.000	0.000	0.000	0.000
Niacin	mg	0.000	0.000	0.000	0.000	0.000
Vitamin B-6	mg	0.000	0.000	0.000	0.000	0.000
Folate, DFE	µg	0	0	0	0	0
Vitamin B-12	µg	0.00	0.00	0.00	0.00	0.00
Vitamin A, RAE	µg	1	0	0	2	1
Vitamin A, IU	IU	15	2	4	36	18
Vitamin E (alpha-tocopherol)	mg	0.81	0.12	0.24	1.94	0.97

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Vitamin D (D2 + D3)	µg	0.0	0.0	0.0	0.0	0.0
Vitamin D	IU	0	0	0	0	0
Vitamin K (phylloquinone)	µg	2.5	0.4	0.8	6.0	3.0
<b>Lipids</b>						
Fatty acids, total saturated	g	1.937	0.291	0.581	4.649	2.324
Fatty acids, total monounsaturated	g	7.551	1.133	2.265	18.122	9.061
Fatty acids, total polyunsaturated	g	0.027	0.004	0.008	0.065	0.032
Cholesterol	mg	0	0	0	0	0
<b>Other</b>						
Caffeine	mg	0	0	0	0	0