

Basic Report 14028, Whiskey sour mix, bottled

Report Date: January 28, 2015 04:13 EST

Nutrient values and weights are for edible portion

Nutrient	Unit	1 Value Per100 g	1 fl oz 32.3g	2.0 fl oz 65g
Proximates				
Water	g	78.20	25.26	50.83
Energy	kcal	87	28	57
Protein	g	0.10	0.03	0.06
Total lipid (fat)	g	0.10	0.03	0.06
Carbohydrate, by difference	g	21.40	6.91	13.91
Fiber, total dietary	g	0.0	0.0	0.0
Sugars, total	g	21.40	6.91	13.91
Minerals				
Calcium, Ca	mg	2	1	1
Iron, Fe	mg	0.11	0.04	0.07
Magnesium, Mg	mg	1	0	1
Phosphorus, P	mg	6	2	4
Potassium, K	mg	28	9	18
Sodium, Na	mg	102	33	66
Zinc, Zn	mg	0.07	0.02	0.05
Vitamins				
Vitamin C, total ascorbic acid	mg	2.7	0.9	1.8
Thiamin	mg	0.013	0.004	0.008
Riboflavin	mg	0.010	0.003	0.007
Niacin	mg	0.000	0.000	0.000
Vitamin B-6	mg	0.000	0.000	0.000
Folate, DFE	µg	0	0	0
Vitamin B-12	µg	0.00	0.00	0.00
Vitamin A, RAE	µg	0	0	0
Vitamin A, IU	IU	0	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	0.00	0.00

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Vitamin D (D2 + D3)	µg	0.0	0.0	0.0
Vitamin D	IU	0	0	0
Vitamin K (phylloquinone)	µg	0.0	0.0	0.0
Lipids				
Fatty acids, total saturated	g	0.008	0.003	0.005
Fatty acids, total monounsaturated	g	0.002	0.001	0.001
Fatty acids, total polyunsaturated	g	0.020	0.006	0.013
Cholesterol	mg	0	0	0
Other				
Caffeine	mg	0	0	0